

# BIRDS CAN BECOME DISORIENTED BY LIGHTS AT NIGHT BUT YOU CAN HELP!

- ▶ Turn off all non-essential indoor and outdoor lights between 11pm and 6am
- ▶ Turn off landscape lights in trees
- ▶ If you need to prioritize, turn off lights during peak migration (see below)
- ▶ For essential lighting, use dark sky friendly light fixtures or shields, set timers or use motion sensors, and close blinds to keep light inside
- ▶ Share your actions online.  
Be sure to tag Bird Friendly Kitchener!

Did you know  
that 80% of  
North American  
migratory birds  
travel at night?



SPRING: MAR 15 – JUN 1 | PEAK: APR 15 – MAY 15



Interested in participating or learning more? Scan the QR code or e-mail [birdfriendlykitchener@gmail.com](mailto:birdfriendlykitchener@gmail.com)



BIRD FRIENDLY  
**CITY**  
KITCHENER, ONTARIO  
CERTIFIED BY NATURE CANADA

**LIGHTS OUT, KITCHENER!**

A CAMPAIGN TO PROTECT MIGRATING BIRDS